KBK KICKBOXKARATE

Travel Check List

Purpose of the trip	Supervision and staffing
□ Competition □ Training □ Social □ Other (specify) □ Combination, please state:	□ Ratio of staff to students □ Male/female □ Cover for all in-sport and free time periods. □ Specialist carers □ Clear responsibilities
Planning	Documentation
 □ When. □ Where □ Who (staff / volunteers / participants) □ Risk assessment of activity 	□ Travel tickets. □ Passports, visas □ Check non-EU nationals □ Accommodation and travel booking documents
Communication with parents	
 □ Destination and accommodation details (address / telephone) □ Name/number of lead School/School link or team manager □ Drop off/pick up times □ Transport arrangements □ Competition details 	Insurance □ Liability □ Accident □ Medical Hosting or being hosted
□ Competition details □ Kit and equipment list □ Emergency procedures, home contact □ Consent form □ Information re medical conditions (including allergies) or impairments, and medication □ Martial Arts Code of conduct □ Safeguarding arrangements (reporting concerns, supervision etc.) □ Process for parent contacting coach or young person □ Process for young person contacting parent	□ Hosts vetted □ Hosts aware of any special requirements □ Language □ Transport arrangements □ Telephone contact □ Local map and information Emergency procedures
Transport Drop off/pick up times Journey times and stopping points Supervision Suitability and accessibility Drivers checked Insurance Accommodation	□ First aid □ Specific medical information available □ Access to and administration of medication □ Information on local emergency medical services, hospitals etc. □ EHIC European Health Insurance Card (replacement for E111) form completed (EU visits). Further information: www.nhs.uk/Healthcareabroad □ Details of British embassy/consulate
□ Type (hotel, hostel, hosting, camping etc.) □ Pre-event visit and risk assessment made □ Catering, special diets, food allergies □ Suitability for group, including accessibility □ Room lists □ Supervising adults' sleeping arrangements Preparing Athletes	Costs and cash For travel Payment schedule – deposit, staged payment Extra meals, refreshments Spending money Security
 □ Local culture, language □ Expectations on dress and behaviour □ Food and drink □ Currency □ Telephones □ Maps of area □ Safe sport away information 	Arrival Check rooms, meal times, phones, valuables Check sporting venues Collect in money, valuables Information on medications Arrange group meetings Confirm procedures with staff Rules (e.g. curfews)